

Discover India

Date:

August 2017

LA VIDA VARCA, GOA

TRULY SUSEGAD!

e know Goa, and it does not need an introduction. For those who do know the coastal state and for those who don't-there is always so much more to discover. Life in Goa centres around its beaches (we can always argue about that) and for me, travelling for the first time to the land of sun, sand and surf during the rains was not a washout but, in fact, quite the opposite. The La Vida Varca of Sterling Holidays in South Goa reflects the breezy mood of the Varca beach, merely 700 metres away from the resort.

I was welcomed into La Vida Varca by the sight of palm trees, a refreshing drink, warm smiles from the staff and the promise of rain. The resort has plenty of accommodation options with 71 tastefully appointed rooms, including 12 studio rooms and two spacious luxury suites (all rooms have an LCD TV, microwave, study table, separate seating, and the suites come equipped with a mini-bar). The resort also features a gym, a wellequipped bar, which apart from the wines and single malts also offers the local feni.

Goa, though, intoxicates in various ways. That evening, as I sat for dinner by the poolside, the live music and the sound of rain set the perfect tone for my stay at the resort. The food (I am a vegetarian) was quite up to the mark, with a vast variety of mains and desserts.

Days are lazy in Goa (susegad is the key word in the state) and when in Goa, I did as the Goans do... woke up late and made my way postbreakfast to the spa, which offers Indian and Western therapies. It was as relaxing as a long meditation session.

Goa is no one thing—it is what you want it to be—the hub for water sports, heritage, wild night parties, beaches to chill... you can feel the rush or you can completely take it easy in Goa. I decided to venture out for a mix of both. I ticked off the culture checklist (Bom Jesus Basilica Church, Se Cathedral, the Chitra Museum, Archaeological Museum and Big Foot Museum that showcases the traditional Goan way of life) and then I hit the beach. It rained again. Bliss! —Sushmita Srivastav

NAVIGATOR

Go there for A tranquil stay near the beach Address La Vida Varca – Sterling Holidays Resort, 605/D, Pedda Nomeo, Varca, Salcette, Goa – 403721 Reservations (0832) 6686 500 Website http://www.sterlingholidays.com/ sterling-destination-network/beach/goa/ la-vida-varca Tariff ₹4500 plus taxes



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