



State-wise Travel Guidelines and Regulations

# STERLING TRAVEL ADVISORY

## STATEWISE TRAVEL GUIDELINES AND REGULATIONS.\*

CURRENTLY APPLICABLE FOR CHECK-IN DATES BEFORE 31<sup>st</sup> JANUARY 2022.\*

State	Resort locations	Tourist obligation	Links
ANDHRA PRADESH	Sterling Palavelli Godaveri	<ul style="list-style-type: none"> <li>▪ No separate permission/e-pass required to enter Andhra Pradesh.</li> <li>▪ 14 days of quarantine is not required for people coming from other locations.</li> <li>▪ All the District Collectors are directed to randomly screen all the passengers coming by train from other states at the railway stations before they exit the station. Similar procedure will be followed for passengers coming from other states by bus at bus stations.</li> <li>▪ All the District Collectors of the districts having international airports and sea ports have been directed to screen all the international arrivals at the point of entry. Screening will do done with thermal scanners and by collecting the samples for COVID testing.</li> </ul>	
HIMACHAL PRADESH	Sterling Dharamshala Sterling Kufri Sterling Manali	<ul style="list-style-type: none"> <li>▪ Any one entering the state, need to carry the 2nd dose vaccination certificate or RTPCR report not less than 72 hours or RAT not older than 24 hrs.</li> <li>▪ Weddings capacity reduced to to 50% of the hall capacity , not more than 100 person in banquet and not more than 200 pax in open lawns.</li> <li>▪ Night curfew from 10 PM to 5 AM.</li> </ul>	

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JAMMU & KASHMIR	Sterling De Laila Houseboats Srinagar	<ul style="list-style-type: none"> <li>▪ The following categories of asymptomatic incoming passengers by Air/Rail/Road to the UT of J&amp;K shall not be required to undergo RT-PCR or Rapid Antigen Covid-19 test on arrival:               <ol style="list-style-type: none"> <li>1. If they are carrying a valid and verifiable Final Certificate Report of Covid-19 vaccination.</li> <li>2. If they are carrying a valid and verifiable RT-PCR Covid-19 Negative report taken within 72 hours of arrival time.</li> </ol> </li> <li>▪ RT-PCR or Rapid Antigen Covid-19 tests shall however be conducted on symptomatic incoming passengers by Air/Rail/Road to J&amp;K.</li> <li>▪ The maximum number of people permitted to attend any indoor/outdoor gathering shall be strictly restricted to 25. However, in Banquet Halls in Districts with positivity rate below 0.2 and weekly case load below 250, gathering shall be permitted up to 25% of the authorised capacity, preferably in open spaces, for vaccinated persons/ persons with verifiable RT-PCR or RAT not older than 72 hours.</li> <li>▪ Cinema halls and theatres, and multiplexes are also allowed to function with 25% capacity subject to condition that management will ensure strict compliance of Covid Appropriate Behaviour (CAB).</li> <li>▪ Swimming Pools are also allowed to function at 25% capacity subject to condition that management will ensure proper Covid Appropriate Behaviour (CAB).</li> <li>▪ Night curfew shall continue to remain in force in all districts from 9pm to 6am.</li> <li>▪ Inter State movement of passenger transport of SRTC/Stage Contract Private Passenger buses shall be permitted for fully vaccinated person or persons with verifiable RT-PCR not older than 72 hours or based on RAT on-spot with strict compliance with CAB.</li> <li>▪ Entry into parks shall be permitted to vaccinated persons only with due verification.</li> </ul>	

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GOA	Sterling Goa Varca	<ul style="list-style-type: none"> <li>▪ Guests need to carry valid vaccination certificate or COVID negative test report to enter hotels, resorts, restaurants and casinos.</li> <li>▪ Bars and restaurants up to 50% of the seating capacity, from 7 am to 9 pm.</li> <li>▪ Restriction imposed on larger Gathering where in only 100 people will be allowed to participate.</li> <li>▪ Indoor gathering restricted to 50% of hall capacity.</li> <li>▪ Restrictions in all sort of gathering including political.</li> <li>▪ Casino are allowed to operate at 50% with entry restricted to people who are fully vaccinated or those carrying negative RTPCR test.</li> <li>▪ Cinema halls, spa and massage parlours and entertainment parks are allowed to operate at 50% with entry restricted to people who are fully vaccinated or those carrying negative RTPCR test.</li> </ul>	
KARNATAKA	Sterling Karwar	<ul style="list-style-type: none"> <li>▪ Negative RT-PCR certificate (not older than 72 hours )shall be compulsory produced by the passengers travelling on flight,bus train or personal transport entering to Karnataka from Maharashtra and Kerala.</li> <li>▪ Passenger travelling from Goa, Maharashtra and Kerala should carry RT PCR certificate compulsory.</li> <li>▪ Tourists booked for weekends with valid stay vouchers are permitted to travel in their cars/taxis and other means of transportations.</li> <li>▪ There are no restrictions for the in-house guests staying in Hotels/Resorts.</li> <li>▪ All facilities can be kept opened only for the in-house guests.</li> <li>▪ Guests can check-in and check-out of hotels with the proof of booking.</li> <li>▪ Safari in Forest areas and sanctuaries are permitted, following Covid appropriate behaviour.</li> <li>▪ Bars and restaurant will operate with 50 percent capacity in weekdays.</li> <li>▪ For Wedding: Maximum 200 pax for open places and 100 pax for closed places are allowed.</li> <li>▪ If international passenger tested positive at airport they will directed to Government hospital.</li> <li>▪ Weekend curfew from Friday 10 PM to Monday 5AM.</li> <li>▪ Swimming Pool and gym shall operate with 50% capacity.</li> <li>▪ Swimming Pool and gym are allowed for fully vaccinated along with negative RT PCR.</li> </ul>	

State	Resort locations	Tourist obligation	Links
KERALA	Sterling Anaikatti Sterling Guruvayur Sterling Munnar Sterling Thekkady Sterling Wayanad Sterling Lake Palace Alleppey	<p>All domestic travellers visiting Kerala:</p> <ul style="list-style-type: none"> <li>▪ For entry to Kerala from other states at least 2 dose vaccination or RT-PCR test conducted within 72 hours with valid e-pass (short visit pass) is required.</li> <li>▪ All Sundays except Aug 15th will be a strict lock down.</li> <li>▪ Hotels and resorts will be allowed to operate in Bio Bubble model.</li> </ul>	<ol style="list-style-type: none"> <li>1. Log into <a href="https://covid19jagratha.kerala.nic.in/home/addDomestic">https://covid19jagratha.kerala.nic.in/home/addDomestic</a></li> <li>2. Under CITIZEN – Select Short / Regular Visit</li> <li>3. Enter Mobile number and verify</li> <li>4. Under Application Type: select Short Visit.</li> <li>5. Enter Applicant Details</li> <li>6. Add fellow traveller details</li> <li>7. Application Details:             <ul style="list-style-type: none"> <li>- Purpose of Visit: Tourism</li> <li>- Place of Visit: Sterling Anaikatti</li> <li>- Supporting document: Attach Return train/ flight tickets. If travelling by road attach vehicle RC details.</li> </ul> </li> <li>8. Details of Stay:             <ul style="list-style-type: none"> <li>- District: Palakkad</li> <li>- Local body: Agali</li> <li>- Address of Stay : Sterling Anaikatti, 6/301, Vadakattathara, Kottathara, Agali Taluk, Palakkad, Kerala -678581</li> <li>- Local Contact No: +91 4924 227100 / +91 9072582510</li> </ul> </li> </ol> <p>Save the details. The approved registration can be downloaded from the link sent as message on the given mobile No.</p>

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KERALA	Sterling Anaikatti Sterling Guruvayur Sterling Munnar Sterling Thekkady Sterling Wayanad Sterling Lake Palace Alleppey	<p>All International travellers / tourists visiting Kerala:</p> <ul style="list-style-type: none"> <li>▪ All international travellers shall continue to follow the present protocol for International Travellers surveillance at the airports upon arrival from outside the country issued by Government of India.</li> <li>▪ All are advised to strictly observe social distancing, wear a mask, observe hand hygiene and continue self-observation of any influenza like symptoms and avail the health services immediately, if symptomatic.</li> </ul>	<ol style="list-style-type: none"> <li>1. Log into <a href="https://covid19jagratha.kerala.nic.in/home/addDomestic">https://covid19jagratha.kerala.nic.in/home/addDomestic</a></li> <li>2. Under CITIZEN – Select Short / Regular Visit</li> <li>3. Enter Mobile number and Verify</li> <li>4. Under Application Type: select Short Visit.</li> <li>5. Enter Applicant Details</li> <li>6. Add fellow traveler details</li> <li>7. Application Details:             <ul style="list-style-type: none"> <li>- Purpose of Visit: Tourism</li> <li>- Place of Visit: Sterling Wayanad</li> <li>- Supporting document: Attach Return train/ flight tickets. If travelling by road attach vehicle RC details.</li> </ul> </li> <li>8. Details of Stay:             <ul style="list-style-type: none"> <li>- District: Wayanad</li> <li>- Local body: Sulthan Bathery Municipality</li> <li>- Address of Stay : Sterling Wayand, Valluvadi Road, Kidanganad Sulthan Bathery, Wayanad Kerala -678581</li> <li>- Local Contact No: +91 7025466633</li> </ul> </li> </ol> <p>Save the details. The approved registration can be downloaded from the link sent as message on the given mobile No.</p>

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SIKKIM	Sterling Gangtok	<ul style="list-style-type: none"> <li>▪ Any one entering the state, need to carry the 2nd dose vaccination certificate or RTPCR report not less than 72 hours, the same to be provided upon arrival at the resort.</li> <li>▪ Pubs, discos, cinema halls, fast food centres, bakeries, gymnasiums, barbershops and salons will operate with only 50% of seating capacity.</li> <li>▪ SPA/BAR/Casino/Restaurants/Rooms to be operational with 50% occupancy.</li> </ul>	
MAHARASHTRA	<p>Sterling Lonavala Sterling Nature Trails Durshet, Khopoli Sterling Nature Trails Sajan, Vikramgad Sterling Nature Trails Kundalika, Kolad Sterling Nature Trails Dabhosa, Jawahar</p>	<ul style="list-style-type: none"> <li>▪ In case of marriages or any other social, political or religious event, the maximum number of attendees shall be restricted to 50 persons.</li> <li>▪ No movement in group of 5 or more from 5am to 11pm. No movement from 11 pm to 5 am except for essential purpose.</li> <li>▪ Swimming pool, Spa , gym to be remained closed.</li> <li>▪ Entertainment park, Zoo ,museum, forts to be remained closed.</li> <li>▪ Restaurant and eateries operate with 50% capacity and closed from 10 PM to 8 Am on all days.</li> <li>▪ Double vaccination or negative RTPCR test report valid upto 72 hrs of time of arrival in state valid for air, train and road travel.</li> </ul> <p><b><u>Air Travel</u></b></p> <ol style="list-style-type: none"> <li>1. The international passengers arriving from At Risk countries (declared by GOI from time to time) may be deplaned on priority and separate counters will be arranged by MIAL and Airport Authority for their checking. Such all passengers shall have to undergo mandatory 7 day institutional quarantine and RTPCR test to be carried out on days 2,4 and 7 for these passengers. If any of the test is found to be positive, then the passenger shall be shifted to a hospital. In case of all tests coming negative, the passenger will have to undergo a further 7 days of home quarantine.</li> <li>2. Passengers from any other countries except the At Risk countries will have to compulsorily undergo RTPCR test at the airport on arrival and on being found negative, will have to undergo 14 days of home quarantine. If found positive, they will be shifted to the hospital.</li> <li>3. In the case of domestic air travel, passengers travelling within the State will either have to be fully vaccinated or compulsorily carry a RTPCR test within 48 hours of the time of arrival.</li> <li>4. In the case of passengers from other States, negative RTPCR test within 48 hours of arrival will be compulsory without exceptions.</li> </ol>	

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MAHARASHTRA	<p>Sterling Lonavala Sterling Nature Trails Durshet, Khopoli Sterling Nature Trails Sajan, Vikramgad Sterling Nature Trails Kundalika, Kolad Sterling Nature Trails Dabhosa, Jawahar</p>	<p><b><u>Railways</u></b></p> <ol style="list-style-type: none"> <li>1. All passengers travelling to Maharashtra by trains originating or having halt/stop at stations in the NCR Delhi, States of Rajasthan, Gujarat and Goa shall carry with them RT-PCR negative test report before they enter Maharashtra.</li> <li>2. The RT-PCR sample collection should have been done within 96 hours before the scheduled arrival in Maharashtra.</li> <li>3. Passengers not having the RT-PCR test negative report shall be screened for symptoms and body temperature at the alighting railway stations.</li> <li>4. The passengers without symptoms would be allowed to go on to their destination.</li> <li>5. Passengers who display symptoms shall be segregated and made to undergo Antigen Test. If the Antigen test shows negative, the passengers will be allowed to go on to their destination.</li> <li>6. Passengers not testing/found COVID positive, shall be sent to COVID Care Centre (CCC) for further care. The cost of further care including CCC shall be borne by the passenger themselves.</li> <li>7. The concerned Municipal Commissioners/District Collectors will be the Nodal Officers for the same and ensure that the above instructions are followed strictly.</li> </ol> <p><b><u>Road Travel</u></b></p> <ol style="list-style-type: none"> <li>1. The concerned District Collectors of land border districts shall make arrangements to ensure that the passengers coming from the NCR Delhi, States of Rajasthan, Gujarat and Goa shall be tested for symptoms including body temperature.</li> <li>2. The passengers without symptoms will be allowed entry. Passengers with symptoms shall have the option of turning back and go to their home to recuperate.</li> <li>3. Passengers who display symptoms shall be segregated and made to undergo Antigen Test. If the Antigen test shows negative, the passengers will be allowed to travel further into Maharashtra.</li> <li>4. Passengers not testing/found COVID positive shall be sent to COVID Care Centre (CCC) for further care. The cost of further care including CCC shall be borne by the passenger themselves.</li> </ol>	



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MADHYA PRADESH	Sterling Kanha	<ul style="list-style-type: none"> <li>▪ Guest should be carrying both dose vaccination certificate.</li> <li>▪ Night curfew from 11:00 p.m to 5:00 a.m.</li> <li>▪ Swimming pool only allowed for guest 18 years &amp; above.</li> </ul>	
ODISHA	Sterling Puri	<ul style="list-style-type: none"> <li>▪ Epass is not required.</li> <li>▪ All passengers must download Aarogya Setu App.</li> <li>▪ Night curfew shall be imposed in all urban areas of the State from 9 PM to 5 AM every day.</li> <li>▪ Hotels are open but Sightseeing points are closed till further notice.</li> <li>▪ Lord Jagannath Temple also closed from 10th Jan 2022 till Jan 31st 2022.</li> <li>▪ Weddings are allowed with maximum capacity of 100 people.</li> </ul> <p><b><u>International Travellers:</u></b></p> <ul style="list-style-type: none"> <li>▪ International arriving passengers having RT-PCR negative report would be exempted from Institutional Quarantine. Accordingly, MoCA vide OM dated 07-08-2020 has allowed for onward air journey of International arriving passengers, when exemption from Institutional Quarantine is granted by the state authorities (of the entry point) on the basis of negative RT-PCR test report, for which test was conducted within 72 hours prior to undertaking the journey.</li> <li>▪ Movement of person on Vande Bharat and air transport bubble flights will continue to be regulated as per SOP issued.</li> </ul> <p><b><u>Domestic Travellers:</u></b></p> <ul style="list-style-type: none"> <li>▪ The Odisha government has made it mandatory for people to show their COVID-19 negative report or a complete vaccination certificate to enter the state.</li> <li>▪ To enter the state, people will now have to produce either a negative RT-PCR test report not older than 72 hours or a final vaccination certificate after two doses of vaccination.</li> <li>▪ The rule will be applied on all modes of travel, train, bus, aeroplane, waterways or private vehicles.</li> <li>▪ The new guidelines also mentions if a person comes without these required reports or certificates, he/she will have to undergo seven days of mandatory institutional or home quarantine.</li> </ul>	

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RAJASTHAN	Sterling Mount Abu Sterling Atharva - Jaipur Sterling Sariska	<ul style="list-style-type: none"> <li>▪ For people travelling into Rajasthan from outside India, RT-PCR tests are mandatory, and the individual will have to be in institutional or home quarantine for seven days, or until test reports come negative for the virus.</li> <li>▪ Domestic travellers arriving in Rajasthan will have to produce double vaccination certificates or an RT-PCR negative test reports not older than 72 hours.</li> <li>▪ A maximum of 100 people are permitted at marriage functions, but this cap will be at 50 for those in municipal corporation and municipality areas till January 30.</li> <li>▪ Cinema halls, multiplexes, amusement parks, banquet halls etc will have to operate with 50 per cent occupancy and close by 8 pm.</li> <li>▪ Shops, malls and other commercial establishments will be allowed to be open till 8 pm, while restaurants and clubs can operate till 10 pm with 50 per cent of seating capacity, as per the guidelines.</li> <li>▪ All religious places will remain open till 8 pm, but offerings like garlands, prasad, chadar and other things are banned.</li> <li>▪ The night curfew will continue to remain in force from 11 pm to 5 am daily.</li> <li>▪ All the passengers/guest has to carry double dose certificate or RTPCR test report (in case of not have the 2nd dose certification) to enter in Mount Abu. If failed they will be vaccinated at the toll gate in Mount Abu and compulsory quarantine till the report arrived.</li> <li>▪ A curfew is imposed from 11 pm on Saturdays till 5 am on Mondays.</li> </ul>	
TAMIL NADU	Sterling Kodai - Lake Sterling Ooty - Elk Hill Sterling Yelagiri Sterling Yercaud Arunai Anantha Resort Tiruvannamalai	<ul style="list-style-type: none"> <li>▪ 2-doses of Vaccination is compulsory to enter the state. All guests have to produce double-vaccination certificate at reception during check-in.</li> <li>▪ 10pm to 5am curfew from 6th Jan onwards.</li> <li>▪ All Pongal related functions put off.</li> <li>▪ There is a complete lockdown on Sunday (9<sup>th</sup> Jan 2022).</li> <li>▪ No public allowed at worship places on Friday, Saturday &amp; Sunday.</li> <li>▪ Temples in Tiruvannamalai are open from Monday to Thursday (Closed on Friday, Saturday and Sunday).</li> <li>▪ Restaurants allowed only with 50% seating.</li> </ul>	

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UTTARAKHAND	Sterling Corbett Sterling Mussoorie Sterling Nainital Sterling Palm Bliss Rishikesh	<ul style="list-style-type: none"> <li>▪ Any one entering the state, need to carry the 2nd dose vaccination certificate or RTPCR report not less than 72 hours or RAT not older than 24 hrs.</li> <li>▪ Random testing is carried out.</li> <li>▪ 50% of the hall capacity to be utilised in the banquet function.</li> <li>▪ Spa, gym, pool , holiday activities can be operational with COVID protocol followed for 50% occupancy.</li> <li>▪ Confirmed Hotel reservation proof required to show at the border/all entry points.</li> <li>▪ Night curfew is from 11:00 p.m to 05:00 a.m.</li> </ul>	
WEST BENGAL	Sterling Darjeeling	<ul style="list-style-type: none"> <li>▪ Tourist can enter with complete vaccination certificate or negative RTPCR report not older than 72 hrs or negative RAT test report not older than 72 Hrs.</li> <li>▪ Night curfew in place from 10 pm to 5 am.</li> <li>▪ Swimming pools,spas, gyms, beauty parlors, saloons and wellness centers shall remain closed.</li> <li>▪ All entertainment parks, zoos, tourist places shall remain closed.</li> <li>▪ Shopping malls and market complexes may function with restricted entry of people by not exceeding 50 % of the capacity at a time and up to 10 PM.</li> <li>▪ Restaurants and bars may operate with 50% of capacity at a time and up to 10 PM.</li> <li>▪ Meetings and conferences shall be allowed with a maximum of 200 people at a time or 50% seating capacity of the hall, whichever is lower.</li> <li>▪ Flights from Delhi &amp; Mumbai is restricted to twice a week.</li> </ul>	

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WEST BENGAL	Sterling Darjeeling	<ul style="list-style-type: none"> <li>▪ Not more than 50 persons at a time shall be allowed for any social, religious and cultural gatherings.</li> <li>▪ Not more than 50 persons shall be allowed for marriage related ceremonies.</li> <li>▪ Movement of people and vehicles and public gatherings of any kind shall be prohibited between 10 PM to 5 AM. Only essential and emergency services shall be permitted.</li> <li>▪ Home delivery of food and other essential products shall be allowed as per usual operational hours following proper COVID appropriate care and protocols.</li> <li>▪ Wearing of masks, maintenance of physical distancing and health &amp; hygiene protocol must be followed at all times.</li> <li>▪ Spas/Wellness Centers to be closed.</li> <li>▪ Restricted number of flights from Delhi and Mumbai.</li> <li>▪ Bar ,Restaurants to be closed at 9.30 p.m, as there will be night curfew after 10 pm.</li> <li>▪ Private offices at 50% attendance ( CCU)</li> </ul>	

\*Please note: The respective State/ District/ Local authorities' guidelines are dynamic and subject to change anytime. Please check latest guidelines on the official website of respective State/ District government before you travel. Please contact the resort for any specific information through the contact details provided in the Confirmation Voucher.